



# American Business Women's Association

Soaring Eagles Chapter 6495  
Escondido, California

[www.abwa-soaringeagles.org](http://www.abwa-soaringeagles.org)



March 2004

Volume 6, Issue 6

## “Discover Yourself!”

“Courage is contagious. When a brave person takes a stand, the spines of others are stiffened.”  
Billy Graham

### What's In This Issue

President's Letter	Page 1
From The Editor	Page 2
Membership	Page 3
Coming Events	Page 4
Treasurer's Report	Page 5
Member Highlights	Page 8
Officer's Contact	Page 9
Woman of the Year	Page 10



**The President's Corner**  
By Anna Clark

Hello Everyone:

*If you have made mistakes ... there is always another chance for you ... you may have a fresh start any moment you choose, for this thing we call "failure" is not the falling down, but the staying down.*

Mary Pickford

If you missed Women On The Go on February 7th, you missed an impressive event for only \$79.00. The seminars were motivational, humorous and energizing. I was encouraged to soar and go for those goals that move me outside of my comfort zone. Therefore, ladies, I have a question for you that challenged me at the event: *whose* comfort zone are *you* living in? I would encourage all of you to stay focused on your goals for this year and when times get you down remember to laugh, have fun and never give up on your dreams. Remember that this is your year, so take the time to write down your aspirations and go for them.

Anna L. Clark, President

### March Dinner Meeting March 4th

Networking 5:45

Dinner and Speaker 6:00-8:30pm

**Jeff Venanzi of Speech Specialists**  
"Helpful Hints to Becoming a Better Speaker"



Jeff is a successful speech coach and trainer. For 10 years he has helped CEOs, Sales Reps and individuals whose success depends on their ability to present themselves well in front of a group. Jeff provides individual training as well as group training.

He taught at Learning Tree University and also produced a booklet called, "The Speaker's Toolbox" that includes useful tools for speaking.

**Our spotlight speaker for March is Katherine Umland.**



**From The Editor**

I am so proud to belong to an organization like ABWA that promotes the education and professional growth of women everywhere. At the New Member's Tea, several members shared their personal goals for the upcoming year – we are a very talented and ambitious group! From starting new jobs to launching new careers, Soaring Eagles never rest on the past! Remember, if you have any interesting news to share – a new job, a promotion, weddings, babies, or other exciting news, send them to the newsletter editor **by the 20<sup>th</sup> of each month** for inclusion in the next newsletter. Also, remember to let Pattie know of your delivery preference – email or snail-mail. Let's help keep operating costs down!

[Pattie.vargas@mitchell.com](mailto:Pattie.vargas@mitchell.com) or (760)489-1069.



**Announcing the All-New ABWA Soaring Eagles Website!**

*Log On And Check It Out!*

[www.abwa-soaringeagles.org](http://www.abwa-soaringeagles.org)

This great new website was designed by InterLynk. Please refer your friends and colleagues to this site for up to the minute information about your chapter!



**Mission Statement**

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.



**Spring Conference Schedule**

Please check out the dates for the upcoming Spring Conferences.

You can attend any one you'd like!

Long Beach, CA	March 19-21
Oklahoma City, OK	April 16-18
Greater Dayton, OH	April 23-25
Naples, FL	April 30-May 2
Cedar Rapids, IA	May 14-16
Manchester/Bedford, NH	May 21-23

*You have the capacity to choose what you think about. If you choose to think about past hurts, you will continue to feel bad.*

*While it's true you can't change the effect past influences had on you once, you can change the effect they have on you now.*

*Gary McKay, Ph.D.*

## Your Membership Committee at Work!

### Friendship of Women

If you live to be a hundred, I want to live to be a hundred minus one day, so I never have to live without you.

- Winnie the Pooh

A real friend is one who walks in when the rest of the world walks out.

Friendship is one mind in two bodies.  
- Mencius

Friends are God's way of taking care of us.

I'll lean on you and you lean on me and we'll be okay  
- Dave Matthews

If all my friends were to jump off a bridge, I wouldn't jump with them, I'd be at the bottom to catch them.

Everyone hears what you say.  
Friends listen to what you say.  
Best friends listen to what you don't say.

We all take different paths in life, but no matter where we go, we take a little of each other everywhere.  
- Tim McGraw

Hold a true friend with both your hands.  
Nigerian Proverb

A friend is someone who knows the song in your heart and can sing it back to you when you have forgotten the words.  
- Unknown



### Birthdays

Julie Kangas	March 1
Evelyn Madison	March 12
Roxann O'Shaughnessy	March 12
Paula Mellon	March 23
Tink Reaster	March 26
Carmencita Castro	March 27



### National Dues

The following members renew their national membership in March and April. Remember that you must be a member in good standing both nationally and locally (local dues payable in August) to be eligible for any chapter benefit such as member education reimbursement and committee participation, as well as voting for chapter officers:

#### March

Mary Large	Janelle D'ters
Renee Irons	Mary Ishii
Tatyana Shan	Dianna Webb

#### April

Ophelia Ramirez	Tink Reaster
Zaharah Arshad	Pattie Vargas

### New Member Applications

As the Soaring Eagles Chapter grows, we are finding it difficult to keep up with New Member paperwork. To ensure nothing falls through the cracks, please be sure to give the member applications to a Membership committee person only: Stacey Moffat, Sandra Curtis, Phyllis Allison or Deborah Valentino. If you are sponsoring a new member, please assist in making the process error free and pleasant! The information needed (in addition to the application) is: name, address, email address, phone numbers where they can be reached, and the business they are in. Deborah or another Membership Committee person will contact them within 48 hours to confirm their request for membership. For any changes to your information, email Deborah at

[deborahvalentino@yahoo.com](mailto:deborahvalentino@yahoo.com)



**Hear ye, Hear ye!  
Upcoming  
Events!**

- March 4<sup>th</sup> – Soaring Eagles Chapter Meeting.
- March 19-21, District VI Spring Conference will be held at the Queen Mary in Long Beach.
- April 17<sup>th</sup> – Inland Valley Council – Recognition of all Chapters Women of the Year
- April 25<sup>th</sup> – Wine and Roses Fundraiser, Escondido



**Member Announcements**

Dianna Greene, Merrill Lynch Financial Advisor, will host an investment workshop focusing on the 2003 tax law changes and your investment strategy. Thurs, Mar 11th, 6pm at the Witch Creek Winery  
Email [dianna\\_greene@ml.com](mailto:dianna_greene@ml.com) for more info.

Here's an opportunity to support the Miss Valley Center pageant contestants!  
Do you have products or services you can donate as prizes for Miss Valley Center?  
It's also a great way to get advertising!  
Call Dianna (760) 740-1020.

Pattie Vargas has launched her own business, The Vargas Group, specializing in leadership and team development. For more information, contact Pattie at [pattie.vargas@cox.net](mailto:pattie.vargas@cox.net).

**Timetable for Election of  
New Chapter Officers**

- February:** Select Candidates for Chairperson of Nominating Committee
- March:** Elect Chairperson, select committee
- April:** Take nominations for officers
- May:** Vote on New Officers  
New officers take office in July  
Assume responsibilities in August

**Scholarship Committee**

The scholarship applications are updated for 2004, and have been distributed to the following schools in North County:

- Escondido High School
- Valley Center High School
- Rancho Buena Vista High School
- San Pasqual High School
- Orange Glen High School
- Valley High School
- Center City High School
- Escondido Charter High School
- Vista High School
- El Camino High School
- Carlsbad High School
- Palomar College
- Mira Costa College

We also accept applications from other high schools or colleges if they meet all of the requirements. The application deadline is March 15th, 2004. The number of scholarships we give out and the award amounts will be determined after the 2004 Wine & Roses Fundraiser event on April 25th.

You can obtain applications by contacting Tatyana Shan at 760-945-7440 or email at [tatyana.shan@hotmail.com](mailto:tatyana.shan@hotmail.com) or you can download one from our web site at [www.abwa-soaringeagles.org](http://www.abwa-soaringeagles.org).



**PROPOSED STANDING RULES**  
**ABWA**  
**Soaring Eagles Chapter #6495**

1. The monthly minutes of our Chapter Meeting and the monthly Treasurer's report will be published in the newsletter each month.
2. The Executive Board may approve expenditures of up to \$100.00 without the approval of the general membership.
3. The Chapter will accept Primary and Secondary members. Secondary members may not hold executive board positions or request reimbursement from the member education fund.
4. Attendees at the monthly Chapter meeting will pay the minimum dinner charge. (Added 7-17-03)
5. There will be a fee of up to \$25.00 to cover bank charges assessed for any returned check. After a second returned check, the member must pay in cash. (Amended 9-5-02)
6. If a member's National dues lapse, the remaining paid up dues shall be refunded and all member privileges revoked. (Added 7-17-03)
7. The Chapter will send the Chapter President to the National Convention. The Chapter will pay the President's early registration for ABWA National Convention. Transportation and one-half of the room rental for the delegate (not to exceed four nights) will be reimbursed, if the Chapter Treasury general funds so allows. In the event that the President is unable to attend, then priority will be given as follows: the Woman of the Year, Executive Board members, General Membership. (Amended 2-17-04)
8. (Moved to #7, 2-17-04) If proceeds are available from Member Education, the Chapter Top Ten Nominee may be reimbursed for the ABWA National Convention Woman of the Year luncheon cost.
9. If proceeds are available from Member Education, the Chapter Woman of the Year may be reimbursed for up to \$500 for the ABWA National Convention early registration and the Woman of the Year luncheon cost (Amended 2-17-04)
10. If proceeds are available from the Scholarship fund, a yearly donation may be made to the SBMEF, up to \$1,000. (Amended 2-17-04)
11. Proceeds from the annual fundraiser are to be split 50/50 between the Scholarship fund and the Member Education fund. (Amended 7-17-03)
12. The Chapter Advisor shall be the immediate past president. If she is unable to serve the Chapter Advisor will be appointed by the outgoing Executive Board at the end of the term. The Chapter Advisor will not have a vote on the Executive Board.
13. A member of the Executive Board will serve on the Scholarship and Member Education Committees
14. Any member elected as Chapter Woman of the Year will not be eligible for selection until three terms have passed. (Added 1-02-03)
15. After a review of the Standing Rules by the Ad hoc committee, they will be published three times in the newsletter before going to vote by the general membership. (Amended 2-17-04)

Revised by Dianna Greene

Last Revision 02/17/2004

**“Wine and Roses”**  
2004 Fundraiser  
by Mary Large

Our Big Event is coming up very soon. We have great members in our ABWA chapter and I have no doubt everyone will want to help make our 2004 Fundraiser a great success. That means **we need your help**. There are many tasks to handle in the next month. Let's **all** do our part in this FUN Fundraiser.

One of the more critical tasks to make our fundraiser a success is to gather LIVE and SILENT Auction Items. We need all our members to bring in donations. Any gift certificates to retailers or services can be used when we have our Basket Party. The lesser value certificates will be used in combination with other items for our Silent Auction and Opportunity Prize Items. Hotel stays, Spa packages, vacations, artwork, jewelry, sporting events and memorabilia, etc. make *great* Live Auction items!

Our gift bags are to help members and their friends advertise. All attendees at our Wine and Roses will receive a gift bag so we need plenty of donations to fill them. We plan to make up 150 gift bags (so, this is the quantity of your donated items that we need). Donations do not need to be limited to business cards or fliers, although, they are welcome. In the past, our gift bags have included mugs, pens, lotions, sticky pads, greeting cards, cookies, candies, candles, grippers, etc. Any clever, interesting item with your card attached becomes your instant advertisement!

We need your donations for auction items, opportunity prizes and gift bags as soon as possible. The “Program” will need to be put together and sent to the printer. We would like to have the live and silent auction items by Monday, April 5<sup>th</sup>, to get them listed in the program. We would like gift bag donations by Thursday, April 15<sup>th</sup>. Please bring donations to our Basket Party or to the home of Kate and Mary Large.

**Mark your calendar with these important dates:**

Month of March  
Sat., April 3

Get all the donations for our fundraiser you can  
Basket Party, 1-5pm at office of Dr. Basanti Shaw.  
This is lots of fun and we need lots of helping hands.  
We make up lots of Silent Auction and Opportunity  
Packages at this event.

Mon., April 5  
Mon., April 12  
Thur., April 15  
Sat., April 17  
Sat., April 24  
Sun., April 25

LIVE and SILENT Auction Items noted for our Program.  
Program submitted to Printer.  
Donations in for our gift bags.  
Gift bags put together and Program picked up from Printer.  
Wine and Roses set up at Belle Marie Winery (evening).  
**WINE AND ROSES 2004 SHOW TIME!**





## ***We Don't Mean to Brag ... but***

Lots of good information from Ananda Kachaturoff, Chairperson for Member Education!

Women are moving on up! How about you? The Education Committee is granting the following women to receive money towards furthering their education.

- Anna Clark, Mary Large, and Kate Large are to receive \$25.00 each for their attendance at "Women on the Go."
- Carol Archibald will be granted \$117.50 for additional tax related courses she will be taking and Judy Jessup will be granted \$124.50 to take courses to further her knowledge in the Real Estate field.
- A grant of \$225.00 each will be given to Dianna Green and Pattie Vargas for their attendance to the Spring Conference. In May of this year, Carol Archibald will be receiving \$225.00 for her attendance to the Conference in Manchester, New Hampshire.

Way to go Ladies!

### ***~Baskets Needed for Fundraiser!~***

The basket-wrapping party will be held on April 3<sup>rd</sup> from 1-5pm at the office of Dr. Basanti Shaw. Creating these fun, imaginative baskets to auction or use in the Opportunity Drawings is a big part of our Wine and Roses fundraiser. Some of the themes in the past have included Movie Night, Death by Chocolate, Picnic, For Men Only and more! We can be very creative when we put our minds to it! This year we would like to use different means of packaging, rather than just baskets, such as beach pails, garden buckets and so forth. Opportunity Drawing items will range from \$15-\$35, with Silent Auction Items ranging from \$35-\$100.

**FYI:** There are no minutes from the February Chapter meeting. We welcome our new Secretary, Blanca Dubon!

## **10 Truths of The Ya-Ya Sisterhood**

1. If you love something, set it free. If it comes back, it will always be yours. If it doesn't come back, it was never yours to begin with. But, if it just sits in your living room, messes up your stuff, eats your food, uses your telephone, takes your money, and doesn't appear to realize that you had set it free, you either married it or gave birth to it.
2. Reason to smile: Every 7 minutes of every day, someone in an aerobics class pulls a hamstring.
3. They keep telling us to get in touch with our bodies. Mine isn't all that communicative but I heard from it the other day after I said, "Body, how'd you like to go to the six o'clock class in vigorous toning?" Clear as a bell my body said, "Listen fatty -do it and die."
4. My mind not only wanders, it sometimes leaves completely.
5. The best way to forget all your troubles is to wear tight shoes.
6. The nice part about living in a small town: When you don't know what you're doing, someone else always does.
7. Just when I was getting used to yesterday, along came today.
8. Amazing! ! You hang something in your closet for a while and it shrinks two sizes!
9. Sometimes I think I understand everything, then I regain consciousness.
10. I read this article that said the typical symptoms of stress are eating too much, impulse buying, and driving too fast. Are they kidding? That's my idea of a perfect day.



**Working For You**  
**ABWA Soaring Eagles**

**Chapter Officers**

**President**

Anna Clark  
760-471-1051

**Vice President**

Mary Large  
760-739-0717

**1<sup>st</sup> Vice President, Membership**

Deborah Valentino  
760-735-2839

**2<sup>nd</sup> Vice President, Newsletter**

Pattie Vargas  
760-489-1069

**Recording Secretary**

Blanca Dubon  
760-390-9045

**Corresponding Secretary**

Dianna Greene  
760-740-1020

**Treasurer**

Carol Archibald  
760-591-9768

**Committee Chairpersons**

**Chapter Advisor**

Judy Jessup  
760-737-3745

**Program**

Roxann O'Shaughnessy  
760-598-3618

**Member Education**

Ananda Kachaturoff  
760-639-0633

**Scholarship**

Tatyana Shan  
760-672-2474

**Fund-Raising**

Mary Large  
760-739-0717

**Publicity**

Sandra K. Culbert  
760-489-6909

**Convention Information Highlights**

Soaring Eagles is a sponsoring chapter for the 2006 National Convention. As such, we are eligible to receive funds back based on a Disbursement Criteria. Percentages will be calculated based on the Chapter's National membership Roster as of July 31, 2005. The Funds Disbursement Criteria is listed below:

Criteria	Measurement	Base Points
Attend 2005 National Convention to participate in promotion and man the exhibit booth	40% of chapter membership based on chapter enrollment as of July 31, 2005.	20
Sell Souvenir Program Advertisements	2 pages of advertisements	30
Donate gift baskets for Ways and Means Raffles	3 baskets or \$150.00	5
Donate Door Prize items	10 items	5
Having members working during National Convention	50% of chapter membership based on chapter's enrollment as of July 31, 2005	20
Work scheduled hours during National Convention	300 hours	20
Total		100

*We will need everyone's involvement and help to make the 2006 convention one of the best ever! This is a great opportunity to get involved – fill out those special interest forms and get them back to Anna TODAY!*



**Chapter Woman of the Year!**  
**February 2004**

This year's winner of the prestigious Chapter Woman of the Year is **Carol L. Archibald**. Carol is the majority partner of Basic Bookkeeping & Tax Services, Inc., which she started in September of 1993. Carol became an Enrolled Agent in 1997 and, with this license, she is able to represent tax clients in front of the Internal Revenue Services without the client being present. She can represent her clients all the way to the federal tax court of the United States of America.

Carol has held the position of Chapter's Treasurer since 2001 when the Treasurer at that time resigned. She has also held the position of the Fund Raiser Chairperson of Finances for two years. Carol attended ABW Day and attended the National Convention in Las Vegas last year. She is presently planning to attend the 2004 Spring Conference in Manchester, NH.

Carol has attended several colleges over the years earning herself 45 units in Accounting, Economics and general education classes. As an Enrolled Agent, Carol has earned **127** hours of continued professional education credits from February 1, 1997 through January 31, 2002. In addition to that, Carol has already earned **119** hours of continued professional education credits under her current license, which covers the period beginning on February 1, 2002 and ending on January 31, 2005.

Carol is currently a member of two large associations, the first being the National Association of Tax Professionals and the other is the California Society of Tax Consultants. Over the years, Carol has served on the board of the National Association of Tax Professionals from 1994-2002. She is an active member of the San Marcos Chamber of Commerce and a member of the San Diego Better Business Bureau.

Respectfully submitted,

Anna L. Clark  
2004 Chapter Woman of the Year Chairperson



***Soaring Eagles at Work and Play!***



Past Women of the Year (L to R)  
Sue Puffet 2002  
Anna Clark 2003  
Judy Jessup 2001

Roxann O'Shaughnessy displays  
some of the creative Balloon Animals  
we created with February's speaker,  
Serena Lumiere



Good friends and Soaring Eagles at  
National Convention, Las Vegas,  
2003 (L to R)  
Carol Archibald  
Kate Large  
Mary Large  
Anna Clark  
Sue Puffet

Our next meeting is March 4th, at the Sizzler in Escondido.  
Call Mary Large at 760-739-0717 for reservations.



### ABWA Mission Statement

*The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.*



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