

## On Eagle's Wings



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### SOARING EAGLES

Chapter 6495  
P.O. Box 725  
Escondido, CA 92033

www.abwa-  
soaringeagles.org

## Presidents Corner **P.1**

Hello Soaring Eagles!

This month we are taking the opportunity to **showcase the benefits** ABWA offers our members. In accordance with our national theme for 2009-2010, the Soaring Eagles plan to “Celebrate the Success.” Success for us as a group means our award winning chapter has earned “Best Practices” chapter status for the past year. We recognize our chapter anniversary in October, but are acknowledged by ABWA national for our official charter date of **November 11, 1998**.



This month, the **focus is on YOU, our members**, and your board is excited to share what this next year has in store for you in ABWA. Just look at this lineup:

Member Professional Development—have you signed on to WIN?  
Business Skills Reimbursement—who's paying YOU back?  
Professional Programming—we're selecting the best!  
Leadership Opportunities—what's your skill set?  
Networking—are you Soaring with Eagles?

In our personal and our business lives, we celebrate special events as often as possible—it's the American way! **Soaring Eagles want to celebrate your success too!** A new client, a business relocation, a promotion or business accolade are all big events we want to share with you. Sure, it's great to have your family know you “did good”, but isn't it even sweeter to enjoy success with your friends? **Join us for the November 5<sup>th</sup> meeting**, and accept my challenge to everyone—share something you've recently accomplished—success stories all around the room will keep building more “**positive vibes**” for all of us!

I hope to see you all November 5th!

Julie Kangas  
President ABWA Soaring Eagles

*Julie Kangas*



## Celebrate the Success!

This month's newsletter is jam packed with Fundraisers and Special Events! At the Nov. 5th meeting Pattie Vargas, Julie Kangas, and Anne Grimes will tell you why!



## And guess what.... It's all for YOU!

Attend the meeting and you will learn how ABWA can really benefit you personally and professionally.

Topics Discussed will include:

- **Member Professional Development**
  - **Business Skills Reimbursement**
  - **Professional Programming**
  - **Leadership Opportunities**
  - **Networking**
- 
- ABWA provides college scholarship opportunities on a local and national level.
  - ABWA offers an MBA Essentials Program through Kansas University.
  - ABWA is the first business organization to provide continuing education credits via online learning programs.
  - ABWA offers high quality, business relevant programming through chapter meetings, area council meetings, and regional and national conferences.
  - ABWA is your business partner from the very beginning of your career through retirement.

Join us as we celebrate past successes and look forward to the future. View a great video, learn new facts, become more involved, and connect with like-minded business professionals

## November Meeting **P.2**

### Happy Thanksgiving



**Remember to give  
Thanks!**

### Free 50/50 Raffle Tickets!!

First time visitors get \$5.00 in Free 50/50 Tickets.

Become a member your first meeting and get an additional \$5.00 in Free 50/50 Tickets!

### Dinner Prices:

**Member \$20**  
**Guest \$25**

**Where: Escondido Country Club**  
**1800 Country Club Lane**  
**Escondido, CA 92026**

**When: November 5, 2009**



### ABWA MISSION STATEMENT

The mission of the American Business Women's Association is to bring together business-women of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

## ABWA 2009 Community Vendor Faire

The ABWA Soaring Eagles will be presenting a Vendor Faire open to the Community!!

The Vendor Faire will be hosted by Sacred Space Imports of San Marcos. It will be held in their showroom. Sacred Space Imports are experts in creating environments that nurture your soul and express your spirit.

**When:** Sunday November 8<sup>th</sup>  
**Where:** Sacred Space Imports  
980 Los Vallecitos Blvd., Ste. B  
San Marcos, CA  
**Time:** 11:00 am – 4:00 pm



**Entrance is free!!**  
Jewelry, candles, purses, wallets, holiday items, tote bags, spa items, sun glasses, kitchen items & much more

**Raffle prizes!!**



We are looking for vendors ~  
Booth fee: ABWA members \$25.00  
Non-members \$35.00  
All vendors to donate a \$20.00 gift basket

If you would like to be a vendor contact Lisa Durham, 760-798-9692 or 619-892-0181, or email her at [lisasjewels@hotmail.com](mailto:lisasjewels@hotmail.com)  
Please reserve your booth space by 10/30/09



## ABWA & Community Events P.4



### Save the Date

Managing stress, career, and family during the holidays.

December 2, 2009

A joint meeting will be held with ABWA and the San Diego North Chamber of Commerce. The meeting will be held at the Courtyard Marriott in Rancho Bernardo. Speakers include: Carol LeBeau, Pat Reno, and Alicia Gwynn.

Check in: 5:30 PM  
Dinner: 6:00 PM  
Speakers 6:30 PM

\$25 per person and includes dinner.



**Congratulations  
Guzman Family!**

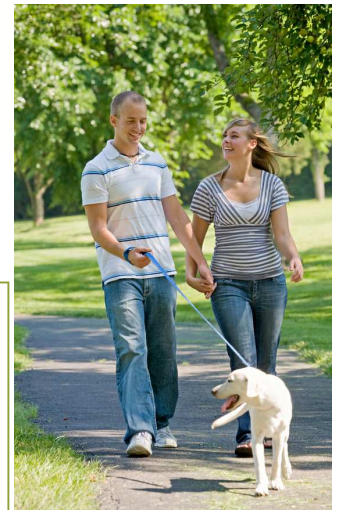
**And welcome to the  
world Aiden James**

#### Walking Tour of Historic Escondido

Saturday Nov 7th at 11:00 AM

Meet at SE Corner of Grand & Broadway

Sponsored by the Escondido Historical Center



Join the Anaheim Angels Chapter  
as they present:

"Wine and Cheese Pairing"

Saturday, November 21, 2009  
6:30 PM to 8:30 PM

Located at the Epicurean School of  
Culinary Arts. Cost is \$17.00 per  
person. For more information or  
reservations call Susan Villotti 714-  
742-6619 or Anna Durham 909-  
466-7809.



**Escondido Farmers Market Every Tuesday**

3:00 PM to 6:30 PM

On Grand, between Juniper & Kalmia

Soaring Eagles Focus **P.5**



Welcome new members to our "Best Practicer" Soaring Eagles Chapter!

We are happy to have you!

**Gift Card Fundraising News!**

**Our Soaring Eagles Chapter is teaming up with Great Lake Scrip to raise money for our General Fund. Who is Great Lake Scrip? Great Lake Scrip works with their partner retailers to offer hundreds of gift cards with substantial rebates. ABWA Soaring Eagles buys the scrip gift cards from Great Lake Scrip at a discount, and re-sells them to our members for full face value. The discount is from two to fifteen percent or more and is a rebate retained by ABWA Soaring Eagles as revenue.**

Purchase a gift card for card value price (\$25 gift card to the GAP costs \$25)



=



ABWA gets 2-15% of purchase price



Great Lake Scrip gets reimbursed for remaining card value

**Scrip fundraising is a powerful fundraising tool because members generate revenue through purchases they would make anyway. Groceries, clothing, toys, gifts, and even gasoline can be purchased with scrip. There are over 200 retailers across the country and I will be emailing a list of retailers to everyone. We are taking orders for scrip now. All you need to do is look through the list and call me with your order. We will be placing orders every two week's and will need payment from you before we order.**

**Thanks,  
Lisa Durham, VP Fundraising 760 798 9692**

## ABWA Soaring Eagles Chapter

### Treasurer's Report **P.6**

Balance on hand, August 26, 2009 9,355.91

Income:

Dinner Meeting	560.00
50/50 Cash Drawing	50.00
Dues (2009-2010)	223.00
Misc. income	
Interest income	0.35

Total Income 833.35

Expenses:

Dinner Meeting Expense	513.00
Paper/Supplies-General	3.00
Nat'l Membership	90.00
President's exp.	
Advertising - Natl program	100.00
Member Professional Development expenses	50.00
General	
Scholarship expenses	
Scholarships 2009/2010	

Total Expenses 756.00

Balance on hand, September 25, 2009 9,433.26

* Union Bank of California	6,218.39
Waddell & Reed MM	3,164.87
Cash on Hand	50.00
<b>Total Cash in Banks &amp; On Hand</b>	<b>9,433.26</b>

Scholarship/Education Funds Reserved:

Balance @ 8/1/09	7,744.43
Fundraiser 09/10	
Misc. Fundraiser	
Scholarship 09/10	(1,750.00)
Total Scholarship Fund	(5,994.43)

Member Professional Development Reserved:

Balance @ 8/1/09	3,600.10
Fundraiser 09/10	
Misc. Fundraiser	
Misc. Fundraiser	
Member Professional Dev Expenses 09/10	
Total Member Professional Development Fund	(3,600.10)

Funds Available for Operations, September 25, 2009 (161.27)

Submitted by Roxann Randall, Treasurer

## Let's Get This Chapter Learning!

Greetings, Soaring Eagles!

Each month I write an article regarding Member Professional Development (MPD) giving you ideas and encouragement to get out there and improve your business skills. Taking the courses is the 1<sup>st</sup> step to success and what follows is applying for your member benefit of getting partial reimbursement for taking these courses. I urge all of you to look into this benefit if you have not done so before and take advantage of it. Where does the money come from for this? Depending on which reimbursement program you qualify and apply for, it may come from National through the money our chapter donates to the SBMEF fund or it may come straight from our very own Member Professional Development Fund, created and funded by our chapter. This fund allows partial reimbursement for courses that do not qualify under the Business Skills reimbursement that is done through ABWA National. It also allows us to reimburse members that attend National Conferences and other ABWA events.



Our chapter's success with raising funds through our various fundraisers is what helps us to be able to offer this benefit to our members. We need all of our members to do their part in helping us raise funds for this very important benefit of belonging to ABWA.

### **2<sup>ND</sup> ANNUAL SEE'S CANDIES MINI HOLIDAY FUNDRAISER**

**We are launching our 2<sup>nd</sup> Annual See's Candies Mini Holiday Fundraiser to raise funds specifically for our Chapter's MPD fund. Order forms and information will be handed out at the November meeting, but are available immediately if you want to get a head start.**

We are asking all members to participate in this short, simple and SWEET fundraiser by buying or selling at least \$30 worth of candy. We not only urge you to participate in the fundraiser, but also to utilize this benefit and improve your business skills through education.

Feel free to contact Anne Grimes, Member Professional Development Committee Chair, at 619-253-6869 to obtain a pre-sale form prior to the November meeting.

*"Strength is the capacity to break a chocolate bar into four pieces with your bare hands-and then eat just one of the pieces."*

*-Judith Viorst*

**American Business Women's Association  
Soaring Eagles Chapter #6495  
A Best Practices Chapter  
October 1, 2009 General Meeting Minutes**

**Oct Meeting Minutes P.8**

The Meeting was called to order at 6:15pm by President, Dr. Julie Kangas. The attendees said the ABWA Mission Statement and Pledge of Allegiance, Julie read the Invocation followed by dinner and self introductions. There were 27 attendees: 23 members, 6 guests, 1 speaker

Program:

Vicki Halsey, from the Ken Blanchard Companies, presented a fun and interactive presentation on "How to Manage Your Email". Ms. Halsey is one of the authors of The Hamster Revolution, a book on Stop Info-Glut -- Reclaim Your Life. The Program started at 7:00pm and ended at 7:50pm

Business Meeting:

Treasurer's Report filed for audit.

Lisa Durham, VP Fundraising, discussed the upcoming 'Community Vendor Fair' fundraiser. The event will be on Sunday, November 8<sup>th</sup>, from 11:00am to 4:00pm. Cost to host a vendor booth is \$25 for Soaring Eagles member and \$35 for non-members. The event is being Sponsored by and held at Sacred Space Imports. Everyone received a flyer from Lisa in email. Please forward to all your family and friends

Julie Kangas, President, presented Lee Durham with a "Good Guy" pin from the Soaring Eagles. This is for all the help and assistance Lee has provided to our chapter over the past few years.

Pattie Vargas, VP Membership, along with Stacey Moffat and Shelley Gardner affiliated new members into the Soaring Eagles Chapter. New members affiliated today: Linda Amaro, Marissa Cartwright, Carrie Davidson, Tony Devine, Faye Hines, and Ron Rose.

Marlene Montooth reported that Pattie Vargas is running for Vice Chair of Impact Council. Elections are scheduled for this Saturday, October 10<sup>th</sup>, at the Council meeting in Placentia. The next Inland Valley Council meeting is Saturday, November 14<sup>th</sup>, at the Menifee Hospital; we're the Sponsors.

Suzanne Southwell announced the Escondido Chamber Meeting will be held October 8<sup>th</sup> at Brecht BMW and it will be Oktoberfest. Contact Suzanne for more details.

Lee Durham won the 50/50 drawing: \$47 to Lee, \$48 to Operations.  
Lee donated his share back to the chapter. All \$95 to the our Operations.

Stephen DeMaine's ships won 1<sup>st</sup> Place in the Grape Day Parade. The ships:  
Nina – Pinta – Santa Maria

The November Program is "Celebrate your Success" on November 5<sup>th</sup>.

Meeting adjourned at 8:15pm

Minutes Prepared by  
Mary M. Large  
Secretary



**SOARING EAGLES**

**CHAPTER 6495  
P.O. BOX 725  
ESCONDIDO, CA 92033**

**WWW.ABWA-  
SOARINGEAGLES.ORG**

**ABWA Proud Code Of Conduct**

- All members will serve as goodwill ambassadors for ABWA.
- Members will not allow their personal beliefs and convictions to interface with the representation of ABWA's mission.
- Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
- Members will maintain compliance with ABWA national, Chapter and Express Network Bylaws.
- Members will not use their personal power to advance their personal interests.
- Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills and by encouraging the professional development of other members.

**SOARING EAGLES**

**PRESIDENT**

Julie Kangas  
760-489-5545

**SECRETARY RECORDING**

Mary Large  
760-739-0717

**SCHOLARSHIP**

Stacey Moffat  
858-204-2677

**VICE PRESIDENT**

Shelley Gardner  
760-809-2614

**SECRETARY CORRESP.**

Ansha Sanders  
760-975-8549

**PUBLICITY**

Marissa Cartwright  
508-981-0173

**VP MEMBERSHIP/  
HOSPITALITY**

Pattie Vargas  
760-294-2465

**TREASURER**

Roxann Randall  
760-471-1306

**ROSTER**

Stacey Moffat  
760-317-1480

**VP NEWSLETER**

Heidi Smith  
760-739-9505

**PROFESSIONAL  
DEVELOPMENT**

Anne Grimes  
619-253-6867

**INLAND VALLEY  
COUNCIL  
REPRESENTATIVE**

Marlene Montooth  
760-715-5835

**VP FUNDRAISING**

Lisa Durham  
760-798-9692

**PROGRAMS**  
Michelle Sullivan  
858-451-9390

**HISTORIAN/BANNER**  
Candace Trevino 760-294-0767  
Sara Dosier 858-361-1143

## ABWA STANDING RULES

### SOARING EAGLES CHAPTER #6495

Approved Revision 11/12/08

1. The monthly minutes of our Chapter Meeting and the monthly Treasurer's report will be published in the newsletter each month.
2. The Executive Board may approve expenditures of up to \$200.00 without the approval of the general membership.
3. The Chapter will accept Primary and Secondary members. Secondary members may not hold executive board positions or request reimbursement from the member education fund.
4. Attendees at the monthly Chapter meeting will pay the current dinner charge.
5. There will be a fee of up to \$25.00 to cover bank charges assessed for any returned check. After a second returned check, the member must pay in cash.
6. If a member's National dues lapse, the remaining paid up Chapter dues will be refunded upon request and all member privileges revoked.
7. The Chapter will send the Chapter President to the ABWA National Women's Leadership Conference. The chapter will pay the President's early registration for ABWA National Women's Leadership Conference. In addition, transportation and room costs (not to exceed four nights) will be reimbursed up to \$1,250.00. In the event the president is unable to attend, priority will be given as follows: The Woman of the Year, Executive Board members, current Chapter Top Ten, General Membership (amended 11/12/08).
8. Based on available Member Professional Development funds, attending Chapter members will be reimbursed 100% of early registration costs for ABWA National Women's Leadership Conference and/or ABWA Spring Conference. (amended 11/12/08). Based on available chapter Member Professional Development funds, all eligible attending Chapter members may be reimbursed up to 50% per MPD Guidelines of their additional expenses, excluding meals, not to exceed four nights.\*\*\*
9. If proceeds are available from Member Professional Development funds, the current and past Chapter Top Ten nominee/Chapter Woman of the year may be reimbursed for the ABWA National Women's Leadership Conference Woman of the Year/Top 10 luncheon cost (amended 11/12/08).
10. If proceeds are available from Member Professional Development funds, the current and past Soaring Eagles' Chapter Woman of the Year may be reimbursed for the ABWA National Women's Leadership Conference Woman of the Year luncheon cost.
11. If proceeds are available from the Scholarship fund, a yearly donation of up to \$1,500.00 may be made to the SBMEF.
12. Proceeds from the annual fundraiser are to be split 50/50 between the Scholarship fund and the Member Professional Development fund.
13. The Chapter Advisor shall be the immediate past president. If she is unable to serve the Chapter Advisor will be appointed by the outgoing Executive Board at the end of the term. The Chapter Advisor will not have a vote on the Executive Board.
14. A member of the Executive Board will serve on the Scholarship and Member Professional Development Committees.
15. Any member elected as Chapter Woman of the Year will not be eligible for selection until three terms have passed.
16. After a review of the Standing Rules by the Ad hoc committee, they will be published two times before going to vote by the general membership.
17. The Chapter has adopted the ABWA Proud Code of Conduct. The Code will be published in each edition of the Chapter newsletter.

**Revised by Rosi Weisser Last Revision 7/23/07, 11/12/08**  
**Ad hoc members: Rosi Weisser, Mary Large, Judy Jessup**

\*\*\* (Award Year 2006-2007 Star Award Criteria now requires 6 eligible attending Chapter members to attend ABWA)